

PECO Cross Country League 2022-23: Race 3 (West Park / Beckett Park)
Senior Men's Results For Team Scores

Position	Race No.	Surname	First Name	Club	Age Category	Time	2nd Claim
1	2966	Valero	Marcos	Valley Striders AC	MSEN	22:51	
2	2379	Douglas	Benjamin	Hyde Park Harriers	MSEN	23:07	Y
3	2074	Roden	Freddie	Abbey Runners	MSEN	23:10	
4	3007	Cairns	Andrew	Wharfedale Harriers	MSEN	23:31	
5	3133	Hobbs	Edward	Ilkley Harriers	MSEN	23:33	
6	3013	Evans	Edward	Wharfedale Harriers	MSEN	23:57	
7	2970	Vogel	Joost	Valley Striders AC	M35	24:03	
8	2141	Humphries	Andrew	Airecentre Pacers	MSEN	24:05	
9	2316	Kingston	Harry	Horsforth Fellandale	MSEN	24:07	Y
10	3210	Beresford	Frank	Valley Striders AC	MSEN	24:09	
11	2369	Clayton	Daniel	Hyde Park Harriers	MSEN	24:15	
12	2943	Radford	Philip	Valley Striders AC	MSEN	24:19	
13	2961	Taylor	Gavin	Valley Striders AC	MSEN	24:24	
14	2423	Lomas	Adam	Hyde Park Harriers	MSEN	24:25	
15	2325	Boynton	Philip	Horsforth Harriers	MSEN	24:33	
16	2327	Casey	Dominic	Horsforth Harriers	MSEN	24:45	
17	2952	Shanks	John	Valley Striders AC	M35	24:57	
18	3351	Jordan	Rupert	Hyde Park Harriers	M35	24:59	
19	3006	Athersmith	Lee	Wharfedale Harriers	M40	25:01	
20	3221	Sennett	Marc	Wharfedale Harriers	M40	25:07	
21	3379	Burns	Ali	Wharfedale Harriers	M40	25:07	
22	3350	Dighton	Oliver	Hyde Park Harriers	MSEN	25:10	
23	2852	Herrington	Richard	St Therasas AC	M40	25:11	
24	2463	Vargas	Michael	Hyde Park Harriers	M35	25:18	
25	2057	Newbould	Ed	Abbey Runners	MSEN	25:19	
26	3402	Joy	David	Valley Striders AC	MSEN	25:20	
27	2918	Grant	Daniel	Valley Striders AC	M35	25:27	
28	2354	Ahmed	Abdu	Hyde Park Harriers	MSEN	25:29	
29	3312	Cheseldine	Edward	Valley Striders AC	MSEN	25:32	
30	2042	Jones	Simon	Abbey Runners	MSEN	25:33	
31	2484	Mckeown	Daniel	Ilkley Harriers	M40	25:34	
32	3327	Mitchell	Tom	Harrogate Harriers & AC	MSEN	25:37	
33	2344	Plummer	Barney	Horsforth Harriers	MSEN	25:39	
34	2039	Jenkins	Liam	Abbey Runners	MSEN	25:39	
35	2459	Townson	Sam	Hyde Park Harriers	MSEN	25:41	
36	3206	Smith	Reece	Saltaire Striders	MSEN	25:43	
37	2939	Panesar	Rav	Valley Striders AC	M40	25:46	
38	2969	Venning	Tom	Valley Striders AC	M45	25:47	
39	2742	McLoughlin	John	Roundhay Runners	M40	25:49	
40	2037	Hutchison	Ross	Abbey Runners	M40	25:53	
41	3015	Holmes	Christian	Wharfedale Harriers	M45	25:54	
42	2161	Dickinson	George	Bradford Airedale AC	MSEN	26:01	Y
43	2219	Mortimer	Charles	Chapel Allerton Runners	M40	26:09	
44	2271	Bryant	Mark	Harrogate Harriers & AC	M50	26:09	
45	3197	Brown	Andy	Saltaire Striders	M50	26:10	

46	2798	Mcconkey	Aaron	Saltaire Striders	MSEN	26:10	
47	2330	Edmondson	Neal	Horsforth Harriers	M35	26:15	
48	2608	Kirk	Adam	Nidd Valley Road Runners	MSEN	26:15	
49	3291	Carr	Frazer	Hyde Park Harriers	MSEN	26:17	
50	3374	Howard	Robert	Valley Striders AC	MSEN	26:21	
51	2205	Holloway	William	Chapel Allerton Runners	MSEN	26:23	
52	3024	Carter	Dom	York Postal Harriers	MSEN	26:23	
53	2389	Fellows	Alasdair	Hyde Park Harriers	MSEN	26:26	
54	3014	Furness	Rob	Wharfedale Harriers	M40	26:27	
55	2935	Morris	James	Valley Striders AC	MSEN	26:29	
56	2934	Middlemas	David	Valley Striders AC	M45	26:35	
57	2784	Fillingham	Martin	Saltaire Striders	M50	26:35	
58	2611	Mills	Craig	Nidd Valley Road Runners	M45	26:40	
59	2199	Harrold	Brian	Chapel Allerton Runners	M35	26:41	
60	2728	Gibbs	Richard	Roundhay Runners	M45	26:41	
61	3353	Tracey	Ciaran	Hyde Park Harriers	MSEN	26:41	
62	3017	Stirk	Adam	Wharfedale Harriers	M35	26:42	
63	3368	Kernick	Carl	Saltaire Striders	M45	26:43	
64	3089	Richardson	Gareth	Bradford Airedale AC	MSEN	26:44	Y
65	2744	Moakler	Ben	Roundhay Runners	M40	26:45	
66	3069	Clark	Cal	Abbey Runners	MSEN	26:45	
67	3243	Gott	Steven	Ilkley Harriers	M45	26:47	
68	3009	Charlesworth	Nicholas	Wharfedale Harriers	M55	26:49	
69	3399	Cumming	Robert	Abbey Runners	M40	26:54	
70	2304	Woodall	Philip	Harrogate Harriers & AC	MSEN	26:56	
71	2692	Pyznar	Tomasz	Rothwell Harriers & AC	M35	26:57	
72	3394	Grave	Paul	Valley Striders AC	M45	27:01	
73	2863	Morrison	Cairn	St Therasas AC	M45	27:03	
74	3087	Macfarlane	Jack	Airecentre Pacers	MSEN	27:03	
75	2230	Riley	Liam	Chapel Allerton Runners	MSEN	27:05	
76	2914	Fisher	Daniel	Valley Striders AC	M40	27:07	
77	2490	Thompson	Danny	Ilkley Harriers	M40	27:09	
78	2764	Turner	Andy	Roundhay Runners	M35	27:12	
79	2194	Goodwin	Jacob	Chapel Allerton Runners	MSEN	27:16	
80	2030	Harris	Simon	Abbey Runners	M40	27:18	
81	3011	Dennis	Paul	Wharfedale Harriers	M40	27:19	
82	2992	Elwell	Paul	Wetherby Runners AC	M45	27:19	
83	2301	West	Darren	Harrogate Harriers & AC	M60	27:23	
84	2035	Holmes	Matthew	Abbey Runners	M45	27:24	
85	2933	Mann	Gary	Valley Striders AC	M40	27:25	
86	2746	Morton	Joseph	Roundhay Runners	M40	27:25	
87	2797	Macfarlane	Russell	Saltaire Striders	M35	27:27	
88	2962	Thomas	Gwilym	Valley Striders AC	M45	27:27	
89	2353	Adkins	Tobias	Hyde Park Harriers	MSEN	27:27	
90	2531	Coldwell	Ben	Kirkstall Harriers	MSEN	27:31	
91	2543	Llewellyn	Ryan	Kirkstall Harriers	MSEN	27:37	
92	3299	Young	Robert	Kirkstall Harriers	MSEN	27:39	
93	2452	Spain	Jonathan	Hyde Park Harriers	MSEN	27:41	
94	2013	Brienen	Stef	Abbey Runners	MSEN	27:44	

95	3126	Marquina	Daniel	Hyde Park Harriers	M35	27:45	
96	2211	Keighley	Tom	Chapel Allerton Runners	M35	27:46	
97	3205	Singh	John	Saltaire Striders	M40	27:50	
98	2727	Furlong	Ian	Roundhay Runners	M35	27:51	Y
99	3019	Willis	Ian	Wharfedale Harriers	M50	27:52	Y
100	2782	Dunbar	Stuart	Saltaire Striders	M60	27:53	
101	2247	Whitfield	Fraser	Chapel Allerton Runners	MSEN	27:58	Y
102	2580	Macauley	Craig	Knaresborough Striders	MSEN	28:04	
103	2849	Grinnell	Andrew	St Therasas AC	M45	28:05	
104	2539	Hipkiss	Jack	Kirkstall Harriers	MSEN	28:08	
105	2014	Bysouth	Tom	Abbey Runners	M40	28:09	
106	3396	Rand	James	Abbey Runners	M35	28:10	
107	2703	Westmoreland	Jason	Rothwell Harriers & AC	M50	28:11	
108	2179	Chambers	Chris	Chapel Allerton Runners	M35	28:13	
109	3364	Jackman	Paul	Rothwell Harriers & AC	M40	28:14	
110	3182	Carvello	James	Roundhay Runners	M40	28:14	
111	2759	Rose	Stefan	Roundhay Runners	M40	28:15	
112	2131	Worthington	Joe	Ackworth Road Runners	M40	28:15	
113	2447	Shakhlevich	Nick	Hyde Park Harriers	M35	28:16	
114	2633	Wilkinson	Matthew	Nidd Valley Road Runners	M35	28:23	
115	3120	Fromyr	Jon	Hyde Park Harriers	M40	28:25	
116	2940	Parkinson	Andy	Valley Striders AC	MSEN	28:26	
117	2707	Anthoney	Iain	Roundhay Runners	MSEN	28:27	
118	2078	Scholefield	Phillip	Abbey Runners	MSEN	28:28	
119	2207	Hough	Paul	Chapel Allerton Runners	M40	28:29	
120	2695	Rickerby	Dylan	Rothwell Harriers & AC	M45	28:33	
121	2434	Pratt	John	Hyde Park Harriers	M40	28:35	
122	2629	Townend	Darren	Nidd Valley Road Runners	M45	28:38	
123	2165	Teggart	David	Bradford Airedale AC	M45	28:41	
124	2671	Brown	Paul	Rothwell Harriers & AC	M55	28:43	
125	2076	Rogerson	Tom	Abbey Runners	M40	28:46	
126	2153	Walker	Richard	Airecentre Pacers	M45	28:46	
127	2712	Blakeley	Matthew	Roundhay Runners	M50	28:50	
128	2906	Bandy	Clive	Valley Striders AC	M40	28:53	
129	2428	Moore	Jed	Hyde Park Harriers	MSEN	28:53	
130	3236	Critchley	Martin	Horsforth Harriers	M45	28:54	
131	2385	Elmes	Joseph	Hyde Park Harriers	MSEN	28:54	
132	3144	Clark	Kevin	Nidd Valley Road Runners	M40	28:55	
133	2628	Todd	Andy	Nidd Valley Road Runners	M55	28:57	
134	3242	Gerrish	Adam	Ilkley Harriers	MSEN	28:57	
135	2050	Mcguire	David	Abbey Runners	M50	29:02	
136	2564	Brock	Martin	Knaresborough Striders	M40	29:06	
137	3038	Middleton	Simon	York Postal Harriers	M45	29:08	
138	2405	Harwood	Rick	Hyde Park Harriers	M50	29:10	Y
139	3365	Ferguson	Matt	Roundhay Runners	MSEN	29:10	
140	3176	Travis	Joe	Rothwell Harriers & AC	MSEN	29:11	
141	2265	Adams	Hayden	Harrogate Harriers & AC	M35	29:12	
142	2616	Newbould	Steve	Nidd Valley Road Runners	M45	29:12	
143	2986	Davey	Richard	Wetherby Runners AC	M50	29:12	

144	2400	Hadfield	Sam	Hyde Park Harriers	MSEN	29:13	
145	2552	O'brien	Alan	Kirkstall Harriers	M35	29:14	
146	3025	Carter	Jim	York Postal Harriers	M45	29:15	
147	2024	Fanaroff	Dominic	Abbey Runners	MSEN	29:16	
148	2009	Barrick	David	Abbey Runners	M35	29:18	
149	3128	Rhodes	Steve	Hyde Park Harriers	M55	29:23	
150	3246	Yao	Zejun	Leeds University AC & CC Club	M40	29:25	
151	3073	O'boyle	Stephen	Abbey Runners	M45	29:27	
152	2283	Howard	Ashley	Harrogate Harriers & AC	MSEN	29:27	
153	2548	Moger	Adam	Kirkstall Harriers	M45	29:28	
154	2195	Green	Joseph	Chapel Allerton Runners	MSEN	29:29	
155	2644	Simenton	Ben	Pudsey & Bramley AC	MSEN	29:31	
156	2773	Yates	Jonny	Roundhay Runners	M40	29:33	
157	3103	Strutt	James	Harrogate Harriers & AC	M45	29:35	
158	2249	Wilshaw	Stacy-Pau	Chapel Allerton Runners	M40	29:36	
159	2609	Lofthouse	Martin	Nidd Valley Road Runners	M55	29:36	
160	2047	Lillford	Stephen	Abbey Runners	M40	29:37	
161	2421	Lee	Jack	Hyde Park Harriers	MSEN	29:38	
162	2741	Macdonald	Matthew	Roundhay Runners	MSEN	29:39	
163	2711	Bartlett	Gary	Roundhay Runners	M45	29:43	
164	2960	Tarran	James	Valley Striders AC	M55	29:46	
165	2752	Powell	Ed	Roundhay Runners	M40	29:51	
166	2135	Fulton	Aron	Airecentre Pacers	M35	29:54	
167	2544	Longmate	Kevin	Kirkstall Harriers	M35	29:59	
168	2512	Hill	Andy	Kippax & District Harriers	M50	30:03	
169	2148	Milner	Craig	Airecentre Pacers	MSEN	30:07	
170	3020	Wills	Robert	Wharfedale Harriers	M45	30:09	
171	2525	Wideman	Wayne	Kippax & District Harriers	M45	30:09	
172	2937	Murray	Danny	Valley Striders AC	M45	30:12	
173	2023	Engel-Clarke	Tom	Abbey Runners	MSEN	30:15	
174	2585	Shaw	Mathew	Knaresborough Striders	MSEN	30:18	
175	2829	Albrecht	Jason	St Therasas AC	M40	30:21	
176	3199	Frazer	Simon	Saltaire Striders	M45	30:21	
177	2287	Midwood	Tom	Harrogate Harriers & AC	MSEN	30:21	
178	2080	Sharpe	Matthew	Abbey Runners	MSEN	30:21	
179	2841	Fuller	Nigel	St Therasas AC	M45	30:28	
180	2571	Ellmore	Steve	Knaresborough Striders	M55	30:30	
181	2227	Price	Dan	Chapel Allerton Runners	M35	30:33	
182	2138	Haynes	Richard	Airecentre Pacers	M35	30:34	
183	3048	Burrows	Dave	York Triathlon Club	M35	30:36	
184	3373	Fotherby	Paul	Valley Striders AC	M45	30:36	
185	2343	Perkinson	Andrew	Horsforth Harriers	M45	30:36	
186	3125	Lawson	Gregor	Hyde Park Harriers	MSEN	30:36	
187	2093	Wray-Rogers	Luke	Abbey Runners	M45	30:37	
188	3367	Gibb	Ewan	Saltaire Striders	M35	30:40	
189	3295	Graham	Leo	Ilkley Harriers	MSEN	30:41	
190	2488	Singleton	David	Ilkley Harriers	M45	30:43	
191	3196	Wilkinson	Chris	Roundhay Runners	MSEN	30:43	
192	3040	Pearson	Marc	York Postal Harriers	M40	30:44	

193	2990	Edmondson	Iain	Wetherby Runners AC	M50	30:47	
194	2209	Isherwood	David	Chapel Allerton Runners	M45	30:48	
195	2055	Mullen	David	Abbey Runners	M60	30:49	
196	2947	Sanderson	Ian	Valley Striders AC	M50	30:56	
197	2642	Murray	Lewis	Pudsey & Bramley AC	MSEN	30:57	
198	2160	Colley	Ashley	Bradford Airedale AC	MSEN	31:03	
199	2551	Nodwell	Adam	Kirkstall Harriers	M35	31:04	Y
200	2518	Lay	Richard	Kippax & District Harriers	M45	31:04	
201	2487	Ryder	Jim	Ilkley Harriers	M55	31:04	
202	2958	Straughan	Tim	Valley Striders AC	M55	31:08	
203	2469	Worthington	Steve	Hyde Park Harriers	MSEN	31:10	
204	2404	Hartley	Ben	Hyde Park Harriers	M45	31:12	
205	2027	Goldthorpe	Rory	Abbey Runners	M40	31:16	
206	2456	Taylor	Lee	Hyde Park Harriers	M45	31:16	
207	3343	Smith	Ryan	Ackworth Road Runners	M40	31:17	
208	3357	Spink	Jonathan	Kirkstall Harriers	M50	31:17	
209	2285	Jordan	Mark	Harrogate Harriers & AC	M65	31:17	
210	2064	Palicio	Luis	Abbey Runners	M35	31:18	
211	2572	Evison	Paul	Knaresborough Striders	M40	31:18	
212	3072	Kent	Craig	Abbey Runners	MSEN	31:18	
213	3135	Williams	Colin	Ilkley Harriers	M55	31:21	
214	2196	Greenland	Rob	Chapel Allerton Runners	M45	31:23	
215	2370	Coade	Jonathan	Hyde Park Harriers	MSEN	31:23	
216	2598	Dalton	Kevin	Nidd Valley Road Runners	M35	31:26	
217	3222	Walmsley	Daniel	Wharfedale Harriers	M35	31:28	
218	2226	Parry	David	Chapel Allerton Runners	M35	31:29	
219	3216	Jesson	James	Wetherby Runners AC	M45	31:29	
220	2833	Bould	Rich	St Therasas AC	M35	31:31	
221	2502	Davy	Alan	Kippax & District Harriers	M40	31:33	
222	2567	Cornforth	Philip	Knaresborough Striders	M50	31:34	
223	2704	Wilkinson	Rich	Rothwell Harriers & AC	M50	31:35	
224	3369	Spink	Stewart	Saltaire Striders	M50	31:37	
225	3226	Harney	Mark	York Triathlon Club	M55	31:38	
226	2683	Hickman	Martin	Rothwell Harriers & AC	MSEN	31:39	
227	3082	Horobin	Darren	Ackworth Road Runners	M45	31:46	
228	3061	Laughton	Mark	York Triathlon Club	M55	31:46	
229	2489	Snow	Matthew	Ilkley Harriers	M45	31:52	
230	3387	Karlin	Ben	Airecentre Pacers	M35	31:53	
231	3229	Baxter	Matthew	Abbey Runners	MSEN	31:54	
232	2788	Hassall	Christopher	Saltaire Striders	M35	31:57	
233	3346	Parish	Byron	Chapel Allerton Runners	M50	31:57	
234	3377	Buller	Jim	Wetherby Runners AC	M50	31:59	
235	2762	Sklinar	Stu	Roundhay Runners	M35	32:02	
236	3263	Mellor	David	St Therasas AC	M50	32:02	
237	2130	Winder	Bill	Ackworth Road Runners	M45	32:04	
238	2472	Budding	Robert	Ilkley Harriers	M55	32:07	
239	2674	Duckering	Josh	Rothwell Harriers & AC	MSEN	32:07	
240	3271	Huggins	Roy	Valley Striders AC	M60	32:10	
241	2536	Glover	Christopher	Kirkstall Harriers	M60	32:13	

242	2507	Emery	Jonathan	Kippax & District Harriers	M40	32:14	
243	2121	Robinson	Michael	Ackworth Road Runners	M35	32:15	
244	3306	Steele	Joe	Roundhay Runners	M50	32:16	
245	2432	Payne	Nick	Hyde Park Harriers	M35	32:17	
246	2238	Shepherd	Stuart	Chapel Allerton Runners	M40	32:21	
247	2527	Al-Janabi	Daoud	Kirkstall Harriers	MSEN	32:22	
248	2793	Hudson	John	Saltaire Striders	MSEN	32:22	
249	2140	Hoos	Craig	Airecentre Pacers	M50	32:24	Y
250	2329	Eagle	Jonathan	Horsforth Harriers	M60	32:27	
251	3001	Rodgers	Mike	Wetherby Runners AC	M40	32:30	
252	3278	Farrell	Paul	Ackworth Road Runners	M40	32:30	
253	2931	Long	Vernon	Valley Striders AC	M55	32:33	
254	3204	Rix	Jeremy	Saltaire Striders	M60	32:33	
255	2007	Ashworth	Richard	Abbey Runners	M45	32:34	
256	2367	Carpenter	Jonathan	Hyde Park Harriers	M50	32:37	
257	3180	Burke	Joseph	Roundhay Runners	MSEN	32:38	
258	3145	Easton	Jonathan	Nidd Valley Road Runners	M40	32:48	
259	2586	Tattersall	Andrew	Knaresborough Striders	M55	32:49	
260	3063	Morrey	David	York Triathlon Club	MSEN	32:50	
261	3359	Morland	Stephen	Knaresborough Striders	M50	32:52	
262	2583	Rockall	James	Knaresborough Striders	M40	32:54	
263	2308	Metcalfe	Kevin	Harrogate Tri Club	M50	32:55	
264	2011	Bastin	Tony	Abbey Runners	M55	33:03	
265	2427	Milligan	Paul	Hyde Park Harriers	M40	33:04	
266	2407	Hindson	Adam	Hyde Park Harriers	M50	33:06	
267	3329	Sellman	Richard	Chapel Allerton Runners	M40	33:12	Y
268	2096	Bernardo	Paul	Ackworth Road Runners	M45	33:12	
269	2816	Tryc	Pawel	Saltaire Striders	M40	33:14	Y
270	3154	Scaife	Nigel	Nidd Valley Road Runners	M50	33:14	
271	2748	O'hara	Colm	Roundhay Runners	M50	33:15	
272	2812	Spencer	Tim	Saltaire Striders	M65	33:16	
273	2595	Cocker	Simon	Nidd Valley Road Runners	M55	33:18	
274	2929	Kaulgud	Dinesh	Valley Striders AC	M45	33:26	
275	2853	Hick	Matthew	St Therasas AC	M40	33:28	
276	2997	Legg	Ian	Wetherby Runners AC	M55	33:35	
277	3058	Jones	Carl	York Triathlon Club	M35	33:36	
278	2716	Cobb	Chris	Roundhay Runners	M35	33:36	
279	2418	Lawley	Joe	Hyde Park Harriers	MSEN	33:38	
280	2212	Kendell	John	Chapel Allerton Runners	M45	33:39	
281	3256	Kapote	Subi	Roundhay Runners	M45	33:42	
282	2581	Marshall	Guy	Knaresborough Striders	M55	33:44	
283	2676	Gregory	Mark	Rothwell Harriers & AC	M60	33:49	Y
284	2574	Forman	Nik	Knaresborough Striders	M60	33:54	
285	3339	Jenkins	Dean	Abbey Runners	M60	33:56	
286	2510	Hammond	Paul	Kippax & District Harriers	M60	33:56	
287	3068	Steel	Phil	York Triathlon Club	M45	33:58	
288	2772	Weight	Dave	Roundhay Runners	M55	34:01	
289	2528	Allen	Lloyd	Kirkstall Harriers	M50	34:02	
290	2390	Fells	Alex	Hyde Park Harriers	MSEN	34:02	

291	2563	Brennan	Sean	Knaresborough Striders	M50	34:03	
292	2688	Livesey	Phil	Rothwell Harriers & AC	MSEN	34:04	
293	2331	Ehrlich	Alexander	Horsforth Harriers	M40	34:06	
294	3228	Wray	Scott	York Triathlon Club	M50	34:07	
295	2152	Turner	Graham	Airecentre Pacers	M45	34:08	
296	2597	Crebbin	Nick	Nidd Valley Road Runners	M50	34:10	
297	2843	Gibson	Paul	St Therasas AC	M45	34:12	
298	3349	Bisset	Andy	Horsforth Harriers	M50	34:12	
299	2052	Morimoto	Kazuki	Abbey Runners	M50	34:15	
300	2419	Laycock	Danny	Hyde Park Harriers	MSEN	34:17	
301	2672	Bywater	Andy	Rothwell Harriers & AC	M40	34:18	
302	2766	Twigg	Pete	Roundhay Runners	M50	34:19	
303	2286	Kirk	Stephen	Harrogate Harriers & AC	M50	34:26	
304	3308	Isherwood	Marcus	Saltaire Striders	M45	34:31	
305	3044	Whitby	Mark	York Postal Harriers	M55	34:31	
306	2861	Morley	David	St Therasas AC	M65	34:31	
307	3342	Leadbeater	Mark	Ackworth Road Runners	M55	34:35	
308	2008	Balkwill	James	Abbey Runners	M50	34:36	
309	2267	Askew	David	Harrogate Harriers & AC	M60	34:36	
310	2318	Leach	Scott	Horsforth Fellandale	M45	34:39	
311	3355	Shakeshaft	Stephen	Kippax & District Harriers	M45	34:39	
312	2911	Cook	Sean	Valley Striders AC	M35	34:41	
313	2258	Porter	Craig	Dragons Running Club (Leeds)	M50	34:43	
314	2909	Brewster	Keith	Valley Striders AC	M65	34:51	
315	2577	Harrop	Andrew	Knaresborough Striders	M55	34:53	
316	2770	Walker	John	Roundhay Runners	M60	34:56	
317	2734	Hodge	Tony	Roundhay Runners	M50	34:59	
318	2802	Mosedale	Tim	Saltaire Striders	M40	35:02	
319	2034	Hodkinson	Steve	Abbey Runners	M60	35:03	
320	3022	Butler	Jamie	York Postal Harriers	M45	35:04	
321	2562	Thomas	Richard	Kirkstall Harriers	M60	35:07	
322	3239	Jones	Chris	Hyde Park Harriers	M65	35:08	
323	3311	Seddon	Tim	St Therasas AC	M60	35:10	
324	2869	Rayner	Iain	St Therasas AC	M45	35:14	
325	3395	Noble	Pete	Knaresborough Striders	M45	35:14	
326	2090	Whittaker	James	Abbey Runners	M55	35:14	
327	2817	Verity	Jack	Saltaire Striders	M60	35:17	
328	2224	Parr	Ed	Chapel Allerton Runners	M35	35:18	
329	3084	Walker	Will	Ackworth Road Runners	M40	35:29	
330	3391	Greene	Paul	Abbey Runners	M60	35:29	
331	3384	Dow	Will	Hyde Park Harriers	MSEN	35:33	
332	2109	Hull	Mark	Ackworth Road Runners	M50	35:43	
333	2437	Ramsden	Paul	Hyde Park Harriers	M45	35:46	
334	2806	Pine	Andrew	Saltaire Striders	M45	35:47	
335	2279	Gill	Michael	Harrogate Harriers & AC	M55	35:49	
336	2137	Grindley	Paul	Airecentre Pacers	M55	35:51	
337	2955	Slater	James	Valley Striders AC	M50	35:58	
338	3358	Sykes-Hooban	Matt	Kirkstall Harriers	M40	36:00	
339	3156	Shekar	Chandra	Nidd Valley Road Runners	M45	36:01	

340	2640	Beesting	Adam	Pudsey & Bramley AC	M40	36:07	Y
341	3337	Armer	Carrick	Abbey Runners	M40	36:09	
342	2454	Tarbit	James	Hyde Park Harriers	M35	36:11	
343	3117	Blatherwick	John	Hyde Park Harriers	M35	36:12	
344	3336	Blakeman	Neil	Roundhay Runners	M60	36:12	
345	3104	Woollven	Steve	Harrogate Harriers & AC	M50	36:13	
346	2702	Ward	Roger	Rothwell Harriers & AC	M60	36:13	
347	2978	Bell	Richard	Wetherby Runners AC	M55	36:18	
348	3257	Douglas	Alan	Saltaire Striders	M50	36:20	
349	2923	Hussey	John	Valley Striders AC	M70	36:22	
350	2183	Cuthbertson	Nic	Chapel Allerton Runners	M60	36:23	
351	2579	Hymas	Stewart	Knaresborough Striders	M50	36:24	
352	2461	Underwood	James	Hyde Park Harriers	MSEN	36:24	
353	2352	Womersley	David	Horsforth Harriers	M70	36:25	
354	2088	Ward	John	Abbey Runners	M70	36:29	
355	3341	Allison	Dave	Ackworth Road Runners	M40	36:34	
356	2338	Mangeolles	James	Horsforth Harriers	M35	36:40	
357	2596	Cook	James	Nidd Valley Road Runners	M55	36:43	
358	2295	Seymour	Mark	Harrogate Harriers & AC	M60	36:45	
359	2497	Copley	James	Kippax & District Harriers	M40	36:48	
360	2791	Hillas	Stephen	Saltaire Striders	M60	36:54	
361	3184	Elliott	John	Roundhay Runners	M60	36:58	
362	3330	Crabtree	Paul	Dragons Running Club (Leeds)	M45	37:00	
363	2915	Fox	Ken	Valley Striders AC	M60	37:03	
364	2780	D'arcy	Graham	Saltaire Striders	M55	37:05	
365	2256	Harrison	Robert	Dragons Running Club (Leeds)	M50	37:12	
366	3390	Morris	Christopher	Nidd Valley Road Runners	M50	37:23	
367	3352	Kidner	Ralph	Hyde Park Harriers	M65	37:31	
368	3138	Messenger	John	Kippax & District Harriers	M75	37:32	
369	2046	Leslie	David	Abbey Runners	M70	37:50	
370	2166	Veevers	Luke	Bradford Airedale AC	M45	37:53	
371	2163	Foster	Stephen	Bradford Airedale AC	M55	37:54	
372	2482	Leijssen	Roar	Ilkley Harriers	M45	38:06	
373	2366	Butler	Robert	Hyde Park Harriers	M40	38:08	
374	2054	Moxon	James	Abbey Runners	M60	38:09	
375	2949	Sawyer	Chris	Valley Striders AC	M60	38:11	
376	2818	Western	Gary	Saltaire Striders	M60	38:12	
377	2765	Turner	Jonathan	Roundhay Runners	M50	38:17	
378	2491	Travis	Alan	Ilkley Harriers	M45	38:24	Y
379	2796	Love	Martin	Saltaire Striders	M60	38:32	
380	2313	Gebbett	Martin	Horsforth Fellandale	M60	38:41	
381	3142	Taylor	Malcolm	Kirkstall Harriers	MSEN	38:46	
382	2786	Griffiths	Alun	Saltaire Striders	M65	38:51	
383	2263	Jenkins	Daniel	Eccleshill Road Runners	M45	38:52	
384	2599	Duckworth	Roger	Nidd Valley Road Runners	M50	38:55	
385	3093	Ellison	Garry	Eccleshill Road Runners	M60	38:55	
386	2717	Coghlan	Robin	Roundhay Runners	M55	39:10	
387	2022	Ellis	Adam	Abbey Runners	M45	39:40	
388	2842	Gall	Stuart	St Therasas AC	M40	39:42	Y

389	2810	Sheard	Neil	Saltaire Striders	M35	39:44	
390	3130	Tasker	Richard	Hyde Park Harriers	M35	39:51	
391	2342	Park	Keith	Horsforth Harriers	M65	39:57	
392	3118	Clarkin	Oliver	Hyde Park Harriers	MSEN	40:00	
393	2622	Seaman	Dave	Nidd Valley Road Runners	M75	40:04	
394	2134	Coupe	Andrew	Airecentre Pacers	M35	40:10	
395	2328	Duffy	Richard	Horsforth Harriers	M70	40:11	
396	2814	Storey	Ian	Saltaire Striders	M45	40:17	
397	2964	Tinker	Mick	Valley Striders AC	M65	40:27	
398	2041	Jones	Martin	Abbey Runners	M45	40:31	
399	2807	Saldanha	Norman	Saltaire Striders	M65	40:31	
400	2408	Hogg	Joe	Hyde Park Harriers	M50	40:32	
401	2270	Berwin	Paul	Harrogate Harriers & AC	M65	40:40	
402	2319	Metcalfe	Daniel	Horsforth Fellandale	M40	40:47	
403	2362	Brown	Stephen	Hyde Park Harriers	M55	40:49	
404	3127	Pullan	Richard	Hyde Park Harriers	M60	40:53	
405	3320	Craddock	Charles	Abbey Runners	M50	41:00	
406	2950	Sedgley	Neil	Valley Striders AC	M55	41:03	
407	3041	Raddall	Phil	York Postal Harriers	M50	41:05	
408	2737	Irving	John	Roundhay Runners	M65	41:08	
409	3307	Gore	Tim	Saltaire Striders	M45	41:26	
410	2587	Taylor	Mark	Knaresborough Striders	M55	41:45	
411	2003	Ameri	Ali	Abbey Runners	M40	41:51	
412	2799	Mistry	Mohanlal	Saltaire Striders	M60	42:26	
413	3383	Montana	Marcos	Nidd Valley Road Runners	MSEN	42:27	
414	2932	Mace	Andy	Valley Striders AC	M50	42:58	
415	2925	Jackson	Bob	Valley Striders AC	M70	43:10	
416	2068	Rahman	Mohammed	Abbey Runners	M40	43:15	
417	3309	Godden	Jeremy	St Therasas AC	M60	43:41	Y
418	2429	Newell	Jason	Hyde Park Harriers	M50	43:49	
419	3370	Best	Jamie	St Therasas AC	M45	44:00	
420	2523	Sutton	Mark	Kippax & District Harriers	MSEN	44:06	
421	2038	Ibrahim	Joseph	Abbey Runners	M45	44:16	
422	2350	Watson	Kevin	Horsforth Harriers	M75	44:25	
423	2307	Head	Mark	Harrogate Tri Club	M60	44:44	
424	3179	Burke	Kieran	Roundhay Runners	MSEN	45:42	
425	3360	Morley	Eric	Knaresborough Striders	M65	45:48	
426	2538	Hey	Peter	Kirkstall Harriers	M70	46:21	
427	3018	Thompson	Geoff	Wharfedale Harriers	M60	47:23	
428	2606	Hyde	Graham	Nidd Valley Road Runners	M45	48:20	
429	2687	List	Heath	Rothwell Harriers & AC	M55	49:46	
430	2516	Kitching	Les	Kippax & District Harriers	M70	58:06	